



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Hänisch, Bettina

Club: Leinefelde

Number: 79

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 57:39

Speed: 10.15 km/h

Running performance: 5:55 min/km

Rank in course/Total: 115 (of 220)

Rank in course/Women: 36 (of 94)

Best time in course: 40:57

Rank in category: 7(of 19)

Best time in the category: 49:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:41	5:44	6	2:22	35	5:44	3.25	18:41	5:44	6	2:22	35	5:44
Lap 2	3.25	19:09	5:53	7	2:42	30	19:08	6.50	37:50	5:49	5	5:04	31	20:52
Last lap Finish	3.25	19:49	6:05	7	3:11	36	5:43	9.75	57:39	5:54	7	8:15	36	16:42