



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Liebig, Katrin

Club: BSG Evonik Rheinland e.V.

Number: 136

Course: 9.75 km

10 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 58:00

Speed: 9.31 km/h

Running performance: 5:57 min/km

Rank in course/Total: 117 (of 220)

Rank in course/Women: 37 (of 94)

Best time in course: 40:57

Rank in category: 4(of 7)

Best time in the category: 44:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		
								km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:20	5:38	4	3:55	26	5:23	3.25	18:20	5:38	4	3:55	26	5:23
Lap 2	3.25	19:41	6:03	4	19:40	38	19:40	6.50	38:01	5:50	4	21:03	33	21:03
Last lap Finish	3.25	19:59	6:08	3	5:00	39	5:53	9.75	58:00	5:56	4	13:36	37	17:03