



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Beißwenger, Bastian

Club: liveaction.sports

Number: 13

Course: 9.75 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 57:55

Speed: 10.10 km/h

Running performance: 5:56 min/km

Rank in course/Total: 116 (of 220)

Rank in course/Men: 80 (of 126)

Best time in course: 35:30

Rank in category: 9(of 10)

Best time in the category: 42:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:27	5:59	9	6:38	90	8:14	3.25	19:27	5:59	9	6:38	90	8:14
Lap 2	3.25	19:33	6:00	9	5:23	77	19:32	6.50	39:00	6:00	9	11:50	83	21:39
Last lap Finish	3.25	18:55	5:49	9	5:11	67	6:43	9.75	57:55	5:56	9	15:36	80	22:25