



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Walter, Sindy

Club: Papas Krieger

Number: 249

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 58:25

Speed: 9.24 km/h

Running performance: 5:59 min/km

Rank in course/Total: 119 (of 220)

Rank in course/Women: 38 (of 94)

Best time in course: 40:57

Rank in category: 8(of 15)

Best time in the category: 48:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:15	5:36	5	1:49	24	5:18	3.25	18:15	5:36	5	1:49	24	5:18
Lap 2	3.25	20:18	6:14	9	4:18	40	20:17	6.50	38:33	5:55	8	6:07	38	21:35
Last lap Finish	3.25	19:52	6:06	7	3:43	37	5:46	9.75	58:25	5:59	8	9:50	38	17:28