



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Tischer, Philipp

Club: SV Gumpoldia Gumpelstadt

Number: 242

Course: 9.75 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 42:19

Speed: 12.76 km/h

Running performance: 4:20 min/km

Rank in course/Total: 9 (of 220)

Rank in course/Men: 8 (of 126)

Best time in course: 35:30

Rank in category: 1(of 10)

Best time in the category: 42:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:25	4:26	2	1:36	18	3:12	3.25	14:25	4:26	2	1:36	18	3:12
Lap 2	3.25	14:10	4:21	1	-	9	14:09	6.50	28:35	4:23	2	1:25	16	11:14
Last lap Finish	3.25	13:44	4:13	1	-	4	1:32	9.75	42:19	4:20	1	-	8	6:49