



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

**Eilitz, Conny**

Club: BSG Evonik Rheinland e.V.

Number: 43

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:00:48

Speed: 9.62 km/h

Running performance: 6:14 min/km

Rank in course/Total: 134 (of 220)

Rank in course/Men: 89 (of 126)

Best time in course: 35:30

Rank in category: 17(of 22)

Best time in the category: 35:30

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	19:45	6:04	18	8:32	94	8:32	3.25	19:45	6:04	18	8:32	94	8:32
Lap 2	3.25	20:15	6:13	16	8:10	85	20:14	6.50	40:00	6:09	16	16:42	85	22:39
Last lap Finish	3.25	20:48	6:24	18	8:36	90	8:36	9.75	1:00:48	6:14	17	25:18	89	25:18