



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

Miller, Jana

Club: SG Indersdorf

Number: 154

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:00:57

Speed: 8.86 km/h

Running performance: 6:15 min/km

Rank in course/Total: 136 (of 220)

Rank in course/Women: 47 (of 94)

Best time in course: 40:57

Rank in category: 9(of 19)

Best time in the category: 49:24

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:58	6:08	10	3:39	55	7:01	3.25	19:58	6:08	10	3:39	55	7:01
Lap 2	3.25	20:41	6:21	8	4:14	45	20:40	6.50	40:39	6:15	9	7:53	48	23:41
Last lap Finish	3.25	20:18	6:14	8	3:40	41	6:12	9.75	1:00:57	6:15	9	11:33	47	20:00