



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

**Wahnschaap, Yvonne**

Club: Magdeburg

Number: 247

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:00:56

Speed: 9.60 km/h

Running performance: 6:15 min/km

Rank in course/Total: 135 (of 220)

Rank in course/Women: 46 (of 94)

Best time in course: 40:57

Rank in category: 8(of 19)

Best time in the category: 49:24

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total ranking |               |                 |             |                |              |                 |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                 |             |               |                 |             |                | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Lap 1           | 3.25        | 18:40         | 5:44            | 5           | 2:21           | 33           | 5:43            | 3.25          | 18:40         | 5:44            | 5           | 2:21           | 33           | 5:43            |
| Lap 2           | 3.25        | 21:13         | 6:31            | 9           | 4:46           | 48           | 21:12           | 6.50          | 39:53         | 6:08            | 8           | 7:07           | 44           | 22:55           |
| Last lap Finish | 3.25        | 21:03         | 6:28            | 9           | 4:25           | 48           | 6:57            | 9.75          | 1:00:56       | 6:14            | 8           | 11:32          | 46           | 19:59           |