



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

Wendisch, Jan

Club: tagitron GmbH

Number: 257

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:00:47

Speed: 9.62 km/h

Running performance: 6:14 min/km

Rank in course/Total: 132 (of 220)

Rank in course/Men: 88 (of 126)

Best time in course: 35:30

Rank in category: 16(of 22)

Best time in the category: 35:30

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:23	5:57	16	8:10	88	8:10	3.25	19:23	5:57	16	8:10	88	8:10
Lap 2	3.25	20:46	6:23	17	8:41	88	20:45	6.50	40:09	6:10	17	16:51	88	22:48
Last lap Finish	3.25	20:38	6:20	17	8:26	89	8:26	9.75	1:00:47	6:14	16	25:17	88	25:17