



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Schlichtig, Karl

Club: DJK Teutonia Gaustadt

Number: 208

Course: 9.75 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 43:16

Speed: 13.52 km/h

Running performance: 4:26 min/km

Rank in course/Total: 13 (of 220)

Rank in course/Men: 12 (of 126)

Best time in course: 35:30

Rank in category: 1(of 8)

Best time in the category: 43:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:49	4:15	1	-	16	2:36	3.25	13:49	4:15	1	-	16	2:36
Lap 2	3.25	14:45	4:32	1	-	15	14:44	6.50	28:34	4:23	1	-	15	11:13
Last lap Finish	3.25	14:42	4:31	1	-	10	2:30	9.75	43:16	4:26	1	-	12	7:46