



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Fick, Andreas

Club: Stein

Number: 339

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 1:03:18

Speed: 9.24 km/h

Running performance: 6:29 min/km

Rank in course/Total: 149 (of 220)

Rank in course/Men: 96 (of 126)

Best time in course: 35:30

Rank in category: 5(of 6)

Best time in the category: 37:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	21:11	6:31	5	9:57	110	9:58	3.25	21:11	6:31	5	9:57	110	9:58
Lap 2	3.25	21:46	6:41	5	9:07	99	21:45	6.50	42:57	6:36	5	19:04	104	25:36
Last lap Finish	3.25	20:21	6:15	6	7:13	86	8:09	9.75	1:03:18	6:29	5	26:17	96	27:48