



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Güntzel, Wieland

Club: Lok Themar

Number: 73

Course: 9.75 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:03:52

Speed: 9.16 km/h

Running performance: 6:33 min/km

Rank in course/Total: 157 (of 220)

Rank in course/Men: 100 (of 126)

Best time in course: 35:30

Rank in category: 6(of 8)

Best time in the category: 43:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:14	6:13	6	6:25	99	9:01	3.25	20:14	6:13	6	6:25	99	9:01
Lap 2	3.25	21:37	6:39	6	6:52	97	21:36	6.50	41:51	6:26	5	13:17	99	24:30
Last lap Finish	3.25	22:01	6:46	6	7:19	99	9:49	9.75	1:03:52	6:33	6	20:36	100	28:22