



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

**Stiller, Nadine**

Club: FRANKFURT

Number: 237

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:05:14

Speed: 8.28 km/h

Running performance: 6:41 min/km

Rank in course/Total: 168 (of 220)

Rank in course/Women: 64 (of 94)

Best time in course: 40:57

Rank in category: 13(of 15)

Best time in the category: 48:35

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	21:02	6:28	13	4:36	63	8:05	3.25	21:02	6:28	13	4:36	63	8:05
Lap 2	3.25	22:19	6:51	14	6:19	68	22:18	6.50	43:21	6:40	14	10:55	65	26:23
Last lap Finish	3.25	21:53	6:44	13	5:44	59	7:47	9.75	1:05:14	6:41	13	16:39	64	24:17