



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Stelzer-Scholz, Rene

Club: [Die Unverwüstlichen]

Number: 236

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:05:10

Speed: 8.29 km/h

Running performance: 6:41 min/km

Rank in course/Total: 167 (of 220)

Rank in course/Men: 104 (of 126)

Best time in course: 35:30

Rank in category: 22(of 22)

Best time in the category: 35:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:42	6:03	20	8:26	92	8:29	3.25	19:42	6:03	20	8:26	92	8:29
Lap 2	3.25	23:12	7:08	22	23:11	110	23:11	6.50	42:54	6:35	22	25:33	103	25:33
Last lap Finish	3.25	22:16	6:51	20	9:53	102	10:04	9.75	1:05:10	6:41	22	29:17	104	29:40