



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Przybylski, Eva

Club: Bremen

Number: 183

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:06:05

Speed: 8.85 km/h

Running performance: 6:47 min/km

Rank in course/Total: 177 (of 220)

Rank in course/Women: 70 (of 94)

Best time in course: 40:57

Rank in category: 14(of 18)

Best time in the category: 45:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:06	6:11	10	6:09	56	7:09	3.25	20:06	6:11	10	6:09	56	7:09
Lap 2	3.25	22:59	7:04	14	7:34	70	22:58	6.50	43:05	6:37	11	13:43	62	26:07
Last lap Finish	3.25	23:00	7:04	14	6:59	70	8:54	9.75	1:06:05	6:46	14	20:42	70	25:08