



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Schremmer, Rene-Pascal

Club: Rotenburg

Number: 218

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 1:05:50

Speed: 8.20 km/h

Running performance: 6:45 min/km

Rank in course/Total: 172 (of 220)

Rank in course/Men: 106 (of 126)

Best time in course: 35:30

Rank in category: 6(of 6)

Best time in the category: 37:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	21:52	6:43	6	10:38	112	10:39	3.25	21:52	6:43	6	10:38	112	10:39
Lap 2	3.25	24:24	7:30	6	11:45	119	24:23	6.50	46:16	7:07	6	22:23	115	28:55
Last lap Finish	3.25	19:34	6:01	5	6:26	76	7:22	9.75	1:05:50	6:45	6	28:49	106	30:20