



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Warschun, Kevin

Club: Laufteam Kassel

Number: 251

Course: 9.75 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:08:35

Speed: 8.53 km/h

Running performance: 7:02 min/km

Rank in course/Total: 185 (of 220)

Rank in course/Men: 113 (of 126)

Best time in course: 35:30

Rank in category: 10(of 10)

Best time in the category: 42:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:31	6:18	10	7:42	101	9:18	3.25	20:31	6:18	10	7:42	101	9:18
Lap 2	3.25	23:28	7:13	10	9:18	112	23:27	6.50	43:59	6:46	10	16:49	109	26:38
Last lap Finish	3.25	24:36	7:34	10	10:52	114	12:24	9.75	1:08:35	7:02	10	26:16	113	33:05