



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

### Morgenweck, Reik

Club: Breitungens

Number: 158

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 43:11

Speed: 13.55 km/h

Running performance: 4:26 min/km

Rank in course/Total: 12 (of 220)

Rank in course/Men: 11 (of 126)

Best time in course: 35:30

Rank in category: 3(of 18)

Best time in the category: 39:29

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	13:38	4:11	3	1:16	14	2:25	3.25	13:38	4:11	3	1:16	14	2:25	
Lap 2	3.25	14:45	4:32	4	1:27	15	14:44	6.50	28:23	4:21	3	2:43	14	11:02	
Last lap Finish	3.25	14:48	4:33	4	1:00	12	2:36	9.75	43:11	4:25	3	3:42	11	7:41	