



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

**Hartmann, Katja**

Club: Kópavogur Ísland

Number: 81

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:10:59

Speed: 8.24 km/h

Running performance: 7:17 min/km

Rank in course/Total: 191 (of 220)

Rank in course/Women: 77 (of 94)

Best time in course: 40:57

Rank in category: 6(of 6)

Best time in the category: 40:57

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	22:27	6:54	6	9:30	78	9:30	3.25	22:27	6:54	6	9:30	78	9:30
Lap 2	3.25	24:19	7:28	6	10:25	78	24:18	6.50	46:46	7:11	6	19:55	79	29:48
Last lap Finish	3.25	24:13	7:27	6	10:07	77	10:07	9.75	1:10:59	7:16	6	30:02	77	30:02