



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Eliachevitch, Elena

Club: Team Erdinger Alkoholfrei

Number: 44

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:11:04

Speed: 7.60 km/h

Running performance: 7:17 min/km

Rank in course/Total: 194 (of 220)

Rank in course/Women: 78 (of 94)

Best time in course: 40:57

Rank in category: 10(of 12)

Best time in the category: 52:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	22:31	6:55	10	4:55	80	9:34	3.25	22:31	6:55	10	4:55	80	9:34
Lap 2	3.25	24:28	7:31	10	6:53	80	24:27	6.50	46:59	7:13	10	11:48	80	30:01
Last lap Finish	3.25	24:05	7:24	9	6:36	74	9:59	9.75	1:11:04	7:17	10	18:05	78	30:07