



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Cirkel, Jutta

Club: Adler Langlauf

Number: 30

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:33:05

Speed: 6.28 km/h

Running performance: 9:33 min/km

Rank in course/Total: 217 (of 220)

Rank in course/Women: 93 (of 94)

Best time in course: 40:57

Rank in category: 18(of 19)

Best time in the category: 49:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	27:36	8:29	19	11:17	93	14:39	3.25	27:36	8:29	19	11:17	93	14:39
Lap 2	3.25	30:38	9:25	18	14:11	93	30:37	6.50	58:14	8:57	19	25:28	93	41:16
Last lap Finish	3.25	34:51	10:43	18	18:13	92	20:45	9.75	1:33:05	9:32	18	43:41	93	52:08