



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

Schmidt, Angela

Club: Bad König

Number: 211

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:10:17

Speed: 8.32 km/h

Running performance: 7:13 min/km

Rank in course/Total: 188 (of 220)

Rank in course/Women: 75 (of 94)

Best time in course: 40:57

Rank in category: 12(of 15)

Best time in the category: 52:32

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	22:07	6:48	13	4:54	74	9:10	3.25	22:07	6:48	13	4:54	74	9:10
Lap 2	3.25	24:01	7:23	12	6:14	76	24:00	6.50	46:08	7:05	12	11:05	75	29:10
Last lap Finish	3.25	24:09	7:25	13	6:40	76	10:03	9.75	1:10:17	7:12	12	17:45	75	29:20