



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Schönwald, Gerrit

Club: Schermbeck

Number: 496

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:32:02

Speed: 14.34 km/h

Running performance: 4:03 min/km

Rank in course/Total: 2 (of 244)

Rank in course/Men: 2 (of 177)

Best time in course: 1:31:43

Rank in category: 1(of 25)

Best time in the category: 1:32:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	11:58	3:40	1	-	1	-	3.25	11:58	3:40	1	-	1	-
Lap 2	3.25	12:35	3:52	1	-	1	-	6.50	24:33	3:46	1	-	1	-
Lap 3	3.25	13:12	4:03	2	0:02	4	0:28	9.75	37:45	3:52	1	-	1	-
Lap 4	3.25	13:26	4:08	1	-	3	0:13	13.00	51:11	3:56	1	-	1	-
Lap 5	3.25	13:46	4:14	2	0:14	4	0:30	16.25	1:04:57	3:59	1	-	1	-
Lap 6	3.25	13:45	4:13	1	-	3	0:24	19.50	1:18:42	4:02	1	-	1	-
Last lap Finish	3.25	13:20	4:06	1	-	2	0:32	22.75	1:32:02	4:02	1	-	2	0:19