



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Artz, Johannes

Club: Cologne Running Crew

Number: 304

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:32:12

Speed: 14.32 km/h

Running performance: 4:03 min/km

Rank in course/Total: 3 (of 244)

Rank in course/Men: 3 (of 177)

Best time in course: 1:31:43

Rank in category: 2(of 21)

Best time in the category: 1:31:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:52	3:57	2	0:06	5	0:54	3.25	12:52	3:57	2	0:06	5	0:54
Lap 2	3.25	12:52	3:57	1	-	2	0:17	6.50	25:44	3:57	1	-	4	1:11
Lap 3	3.25	12:44	3:55	1	-	1	-	9.75	38:28	3:56	1	-	3	0:43
Lap 4	3.25	13:22	4:06	2	0:09	2	0:09	13.00	51:50	3:59	1	-	3	0:39
Lap 5	3.25	13:16	4:04	1	-	1	-	16.25	1:05:06	4:00	1	-	2	0:09
Lap 6	3.25	13:36	4:11	2	0:15	2	0:15	19.50	1:18:42	4:02	1	-	1	-
Last lap Finish	3.25	13:30	4:09	2	0:42	3	0:42	22.75	1:32:12	4:03	2	0:29	3	0:29