



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Becker, Torsten

Club: LG Mörfelden-Walldorf

Number: 308

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:43:58

Speed: 12.70 km/h

Running performance: 4:34 min/km

Rank in course/Total: 10 (of 244)

Rank in course/Men: 10 (of 177)

Best time in course: 1:31:43

Rank in category: 3(of 34)

Best time in the category: 1:38:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	13:53	4:16	2	0:36	14	1:55	3.25	13:53	4:16	2	0:36	14	1:55	
Lap 2	3.25	14:31	4:28	3	0:35	16	1:56	6.50	28:24	4:22	2	1:11	14	3:51	
Lap 3	3.25	14:46	4:32	4	0:45	14	2:02	9.75	43:10	4:25	2	1:36	14	5:25	
Lap 4	3.25	14:50	4:33	4	0:37	10	1:37	13.00	58:00	4:27	2	2:11	11	6:49	
Lap 5	3.25	15:11	4:40	4	1:04	12	1:55	16.25	1:13:11	4:30	4	2:54	12	8:14	
Lap 6	3.25	15:23	4:44	3	1:33	14	2:02	19.50	1:28:34	4:32	3	3:50	11	9:52	
Last lap Finish	3.25	15:24	4:44	3	1:30	12	2:36	22.75	1:43:58	4:34	3	5:05	10	12:15	