



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

**Sailer, Kevin**

Club: Rotenburg

Number: 480

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:50:50

Speed: 11.91 km/h

Running performance: 4:52 min/km

Rank in course/Total: 27 (of 244)

Rank in course/Men: 23 (of 177)

Best time in course: 1:31:43

Rank in category: 6(of 21)

Best time in the category: 1:31:43

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:23	5:02	9	3:37	51	4:25	3.25	16:23	5:02	9	3:37	51	4:25
Lap 2	3.25	15:41	4:49	7	2:49	35	3:06	6.50	32:04	4:56	8	6:20	45	7:31
Lap 3	3.25	16:03	4:56	8	3:19	36	3:19	9.75	48:07	4:56	8	9:39	42	10:22
Lap 4	3.25	15:49	4:51	6	2:36	26	2:36	13.00	1:03:56	4:55	7	12:06	37	12:45
Lap 5	3.25	15:44	4:50	7	2:28	19	2:28	16.25	1:19:40	4:54	7	14:34	33	14:43
Lap 6	3.25	16:00	4:55	6	2:39	20	2:39	19.50	1:35:40	4:54	7	16:58	31	16:58
Last lap Finish	3.25	15:10	4:39	5	2:22	11	2:22	22.75	1:50:50	4:52	6	19:07	23	19:07