



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Fink, Daniell

Club: PSV Wismar

Number: 342

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:52:24

Speed: 11.74 km/h

Running performance: 4:56 min/km

Rank in course/Total: 33 (of 244)

Rank in course/Men: 28 (of 177)

Best time in course: 1:31:43

Rank in category: 6(of 34)

Best time in the category: 1:38:53

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | | Stage score | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|-------------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 17:16 | 5:18 | 14 | 3:59 | 76 | 5:18 | 3.25 | 17:16 | 5:18 | 14 | 3:59 | 76 | 5:18 |
| Lap 2 | 3.25 | 15:54 | 4:53 | 11 | 1:58 | 44 | 3:19 | 6.50 | 33:10 | 5:06 | 12 | 5:57 | 55 | 8:37 |
| Lap 3 | 3.25 | 15:15 | 4:41 | 6 | 1:14 | 24 | 2:31 | 9.75 | 48:25 | 4:57 | 12 | 6:51 | 46 | 10:40 |
| Lap 4 | 3.25 | 15:26 | 4:44 | 6 | 1:13 | 19 | 2:13 | 13.00 | 1:03:51 | 4:54 | 7 | 8:02 | 35 | 12:40 |
| Lap 5 | 3.25 | 15:21 | 4:43 | 5 | 1:14 | 14 | 2:05 | 16.25 | 1:19:12 | 4:52 | 7 | 8:55 | 31 | 14:15 |
| Lap 6 | 3.25 | 16:39 | 5:07 | 5 | 2:49 | 27 | 3:18 | 19.50 | 1:35:51 | 4:54 | 6 | 11:07 | 32 | 17:09 |
| Last lap Finish | 3.25 | 16:33 | 5:05 | 7 | 2:39 | 30 | 3:45 | 22.75 | 1:52:24 | 4:56 | 6 | 13:31 | 28 | 20:41 |