



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Orth, Sebastian

Club: TGV Schotten

Number: 453

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:52:22

Speed: 12.15 km/h

Running performance: 4:56 min/km

Rank in course/Total: 32 (of 244)

Rank in course/Men: 27 (of 177)

Best time in course: 1:31:43

Rank in category: 10(of 25)

Best time in the category: 1:32:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:03	4:56	15	4:05	47	4:05	3.25	16:03	4:56	15	4:05	47	4:05
Lap 2	3.25	15:28	4:45	11	2:53	32	2:53	6.50	31:31	4:50	14	6:58	40	6:58
Lap 3	3.25	15:40	4:49	11	2:30	33	2:56	9.75	47:11	4:50	12	9:26	34	9:26
Lap 4	3.25	15:42	4:49	8	2:16	24	2:29	13.00	1:02:53	4:50	11	11:42	31	11:42
Lap 5	3.25	15:59	4:55	7	2:27	25	2:43	16.25	1:18:52	4:51	10	13:55	28	13:55
Lap 6	3.25	16:18	5:00	9	2:33	25	2:57	19.50	1:35:10	4:52	9	16:28	26	16:28
Last lap Finish	3.25	17:12	5:17	13	3:52	44	4:24	22.75	1:52:22	4:56	10	20:20	27	20:39