



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Kirchner, Thomas

Club: Zeiler Weinbergschnecken

Number: 395

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:53:31

Speed: 11.63 km/h

Running performance: 4:59 min/km

Rank in course/Total: 38 (of 244)

Rank in course/Men: 32 (of 177)

Best time in course: 1:31:43

Rank in category: 1(of 23)

Best time in the category: 1:53:31

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:50	4:33	2	1:02	26	2:52	3.25	14:50	4:33	2	1:02	26	2:52
Lap 2	3.25	15:26	4:44	2	1:22	31	2:51	6.50	30:16	4:39	2	2:24	29	5:43
Lap 3	3.25	16:03	4:56	2	1:06	36	3:19	9.75	46:19	4:45	2	3:30	30	8:34
Lap 4	3.25	16:51	5:11	2	1:00	41	3:38	13.00	1:03:10	4:51	2	4:30	32	11:59
Lap 5	3.25	16:47	5:09	1	-	35	3:31	16.25	1:19:57	4:55	2	4:02	35	15:00
Lap 6	3.25	17:05	5:15	1	-	35	3:44	19.50	1:37:02	4:58	2	2:24	35	18:20
Last lap Finish	3.25	16:29	5:04	1	-	28	3:41	22.75	1:53:31	4:59	1	-	32	21:48