



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Löbel, Matthias

Club: SV Lerchenberg

Number: 137

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 46:52

Speed: 11.52 km/h

Running performance: 4:49 min/km

Rank in course/Total: 26 (of 220)

Rank in course/Men: 23 (of 126)

Best time in course: 35:30

Rank in category: 4(of 22)

Best time in the category: 35:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:17	4:42	7	4:01	29	4:04	3.25	15:17	4:42	7	4:01	29	4:04
Lap 2	3.25	15:39	4:48	4	15:38	23	15:38	6.50	30:56	4:45	5	13:35	27	13:35
Last lap Finish	3.25	15:56	4:54	3	3:33	20	3:44	9.75	46:52	4:48	4	10:59	23	11:22