



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Zinn, Michael

Club: DekaBank Sport

Number: 843

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:55:31

Speed: 11.43 km/h

Running performance: 5:05 min/km

Rank in course/Total: 46 (of 244)

Rank in course/Men: 39 (of 177)

Best time in course: 1:31:43

Rank in category: 5(of 30)

Best time in the category: 1:45:14

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | | Stage score | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|-------------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 15:34 | 4:47 | 4 | 1:24 | 42 | 3:36 | 3.25 | 15:34 | 4:47 | 4 | 1:24 | 42 | 3:36 |
| Lap 2 | 3.25 | 16:15 | 5:00 | 5 | 1:39 | 51 | 3:40 | 6.50 | 31:49 | 4:53 | 5 | 3:03 | 42 | 7:16 |
| Lap 3 | 3.25 | 16:37 | 5:06 | 6 | 1:40 | 47 | 3:53 | 9.75 | 48:26 | 4:58 | 5 | 4:43 | 47 | 10:41 |
| Lap 4 | 3.25 | 16:39 | 5:07 | 5 | 1:21 | 38 | 3:26 | 13.00 | 1:05:05 | 5:00 | 5 | 6:04 | 43 | 13:54 |
| Lap 5 | 3.25 | 16:47 | 5:09 | 5 | 1:19 | 35 | 3:31 | 16.25 | 1:21:52 | 5:02 | 5 | 7:23 | 41 | 16:55 |
| Lap 6 | 3.25 | 17:01 | 5:14 | 5 | 1:43 | 34 | 3:40 | 19.50 | 1:38:53 | 5:04 | 5 | 9:06 | 39 | 20:11 |
| Last lap Finish | 3.25 | 16:38 | 5:07 | 4 | 1:11 | 32 | 3:50 | 22.75 | 1:55:31 | 5:04 | 5 | 10:17 | 39 | 23:48 |