



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Schuler, Ingrid

Club: SV Birkenhard

Number: 502

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:56:01

Speed: 11.77 km/h

Running performance: 5:06 min/km

Rank in course/Total: 47 (of 244)

Rank in course/Women: 8 (of 67)

Best time in course: 1:47:05

Rank in category: 1(of 16)

Best time in the category: 1:56:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	15:38	4:48	1	-	7	1:15	3.25	15:38	4:48	1	-	7	1:15
Lap 2	3.25	15:57	4:54	1	-	6	1:02	6.50	31:35	4:51	1	-	8	2:17
Lap 3	3.25	16:28	5:03	1	-	8	1:30	9.75	48:03	4:55	1	-	8	3:46
Lap 4	3.25	16:54	5:11	1	-	8	1:29	13.00	1:04:57	4:59	1	-	8	5:15
Lap 5	3.25	16:53	5:11	1	-	8	1:09	16.25	1:21:50	5:02	1	-	8	6:18
Lap 6	3.25	17:07	5:15	1	-	8	1:34	19.50	1:38:57	5:04	1	-	8	7:34
Last lap Finish	3.25	17:04	5:15	1	-	8	1:55	22.75	1:56:01	5:05	1	-	8	8:56