



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Riebeling, Jörg

Club: Kassel

Number: 473

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:02:08

Speed: 10.81 km/h

Running performance: 5:22 min/km

Rank in course/Total: 65 (of 244)

Rank in course/Men: 53 (of 177)

Best time in course: 1:31:43

Rank in category: 9(of 21)

Best time in the category: 1:31:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:36	5:06	10	3:50	58	4:38	3.25	16:36	5:06	10	3:50	58	4:38
Lap 2	3.25	16:32	5:05	10	3:40	56	3:57	6.50	33:08	5:05	10	7:24	52	8:35
Lap 3	3.25	17:11	5:17	11	4:27	61	4:27	9.75	50:19	5:09	10	11:51	57	12:34
Lap 4	3.25	17:38	5:25	10	4:25	59	4:25	13.00	1:07:57	5:13	9	16:07	56	16:46
Lap 5	3.25	17:45	5:27	10	4:29	54	4:29	16.25	1:25:42	5:16	9	20:36	56	20:45
Lap 6	3.25	17:53	5:30	10	4:32	48	4:32	19.50	1:43:35	5:18	9	24:53	53	24:53
Last lap Finish	3.25	18:33	5:42	13	5:45	67	5:45	22.75	2:02:08	5:22	9	30:25	53	30:25