



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Meschner, Jana

Club: Runterra

Number: 438

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:01:28

Speed: 10.87 km/h

Running performance: 5:20 min/km

Rank in course/Total: 60 (of 244)

Rank in course/Women: 10 (of 67)

Best time in course: 1:47:05

Rank in category: 3(of 15)

Best time in the category: 1:49:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:10	5:16	3	2:47	18	2:47	3.25	17:10	5:16	3	2:47	18	2:47
Lap 2	3.25	17:21	5:20	4	2:26	16	2:26	6.50	34:31	5:18	4	5:13	18	5:13
Lap 3	3.25	17:36	5:24	5	2:04	17	2:38	9.75	52:07	5:20	4	7:17	17	7:50
Lap 4	3.25	17:37	5:25	3	1:50	13	2:12	13.00	1:09:44	5:21	4	9:07	16	10:02
Lap 5	3.25	17:39	5:25	3	1:30	10	1:55	16.25	1:27:23	5:22	3	10:33	14	11:51
Lap 6	3.25	17:28	5:22	3	1:25	9	1:55	19.50	1:44:51	5:22	3	11:29	12	13:28
Last lap Finish	3.25	16:37	5:06	2	0:28	6	1:28	22.75	2:01:28	5:20	3	11:29	10	14:23