



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Leidecker, Jens

Club: Solms

Number: 421

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:02:48

Speed: 10.75 km/h

Running performance: 5:24 min/km

Rank in course/Total: 67 (of 244)

Rank in course/Men: 56 (of 177)

Best time in course: 1:31:43

Rank in category: 18(of 25)

Best time in the category: 1:32:02

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:56	4:35	10	2:58	28	2:58	3.25	14:56	4:35	10	2:58	28	2:58
Lap 2	3.25	15:39	4:48	12	3:04	34	3:04	6.50	30:35	4:42	12	6:02	34	6:02
Lap 3	3.25	16:55	5:12	19	3:45	53	4:11	9.75	47:30	4:52	14	9:45	37	9:45
Lap 4	3.25	17:58	5:31	18	4:32	72	4:45	13.00	1:05:28	5:02	16	14:17	46	14:17
Lap 5	3.25	18:25	5:40	19	4:53	77	5:09	16.25	1:23:53	5:09	16	18:56	47	18:56
Lap 6	3.25	19:31	6:00	20	5:46	92	6:10	19.50	1:43:24	5:18	17	24:42	51	24:42
Last lap Finish	3.25	19:24	5:58	20	6:04	82	6:36	22.75	2:02:48	5:23	18	30:46	56	31:05