



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Timm, Jascha

Club: LAV Halensia

Number: 241

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 37:01

Speed: 14.59 km/h

Running performance: 3:48 min/km

Rank in course/Total: 3 (of 220)

Rank in course/Men: 3 (of 126)

Best time in course: 35:30

Rank in category: 1(of 6)

Best time in the category: 37:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	11:14	3:27	1	-	2	0:01	3.25	11:14	3:27	1	-	2	0:01
Lap 2	3.25	12:39	3:53	1	-	5	12:38	6.50	23:53	3:40	1	-	5	6:32
Last lap Finish	3.25	13:08	4:02	1	-	3	0:56	9.75	37:01	3:47	1	-	3	1:31