



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Liebig, Dieter

Club: BSG Evonik Rheinland e.V.

Number: 424

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:03:22

Speed: 10.70 km/h

Running performance: 5:25 min/km

Rank in course/Total: 71 (of 244)

Rank in course/Men: 59 (of 177)

Best time in course: 1:31:43

Rank in category: 2(of 10)

Best time in the category: 1:45:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:22	5:02	2	1:18	50	4:24	3.25	16:22	5:02	2	1:18	50	4:24
Lap 2	3.25	16:28	5:03	2	1:03	54	3:53	6.50	32:50	5:03	2	2:21	51	8:17
Lap 3	3.25	16:55	5:12	2	1:49	53	4:11	9.75	49:45	5:06	2	4:10	54	12:00
Lap 4	3.25	17:39	5:25	3	2:45	61	4:26	13.00	1:07:24	5:11	2	6:55	53	16:13
Lap 5	3.25	18:13	5:36	2	3:17	72	4:57	16.25	1:25:37	5:16	2	10:12	55	20:40
Lap 6	3.25	19:18	5:56	4	4:25	84	5:57	19.50	1:44:55	5:22	2	14:37	61	26:13
Last lap Finish	3.25	18:27	5:40	2	3:42	64	5:39	22.75	2:03:22	5:25	2	18:19	59	31:39