



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Güth, Marc

Club: TSV Ausbach

Number: 74

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 47:36

Speed: 11.34 km/h

Running performance: 4:53 min/km

Rank in course/Total: 29 (of 220)

Rank in course/Men: 26 (of 126)

Best time in course: 35:30

Rank in category: 5(of 22)

Best time in the category: 35:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:14	4:41	6	3:58	28	4:01	3.25	15:14	4:41	6	3:58	28	4:01
Lap 2	3.25	16:10	4:58	6	16:09	26	16:09	6.50	31:24	4:49	7	14:03	31	14:03
Last lap Finish	3.25	16:12	4:59	6	3:49	25	4:00	9.75	47:36	4:52	5	11:43	26	12:06