



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Hügel, Daniela

Club: BSG Evonik Rheinland e.V.

Number: 381

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 2:05:19

Speed: 10.89 km/h

Running performance: 5:31 min/km

Rank in course/Total: 87 (of 244)

Rank in course/Women: 16 (of 67)

Best time in course: 1:47:05

Rank in category: 2(of 12)

Best time in the category: 1:54:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:24	5:02	3	0:43	12	2:01	3.25	16:24	5:02	3	0:43	12	2:01
Lap 2	3.25	16:29	5:04	2	0:40	11	1:34	6.50	32:53	5:03	2	1:23	11	3:35
Lap 3	3.25	17:21	5:20	3	1:25	14	2:23	9.75	50:14	5:09	2	2:48	11	5:57
Lap 4	3.25	18:15	5:36	3	1:55	19	2:50	13.00	1:08:29	5:16	2	4:43	12	8:47
Lap 5	3.25	18:37	5:43	3	1:47	20	2:53	16.25	1:27:06	5:21	2	6:30	12	11:34
Lap 6	3.25	19:00	5:50	3	2:04	19	3:27	19.50	1:46:06	5:26	2	8:34	14	14:43
Last lap Finish	3.25	19:13	5:54	4	2:02	23	4:04	22.75	2:05:19	5:30	2	10:36	16	18:14