



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Willmann, Robert

Club: Koblenz

Number: 548

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:06:31

Speed: 10.79 km/h

Running performance: 5:34 min/km

Rank in course/Total: 91 (of 244)

Rank in course/Men: 74 (of 177)

Best time in course: 1:31:43

Rank in category: 14(of 21)

Best time in the category: 1:31:43

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:32	4:46	8	2:46	40	3:34	3.25	15:32	4:46	8	2:46	40	3:34
Lap 2	3.25	17:37	5:25	15	4:45	83	5:02	6.50	33:09	5:05	11	7:25	53	8:36
Lap 3	3.25	17:36	5:24	13	4:52	73	4:52	9.75	50:45	5:12	13	12:17	60	13:00
Lap 4	3.25	18:02	5:32	14	4:49	75	4:49	13.00	1:08:47	5:17	12	16:57	61	17:36
Lap 5	3.25	18:27	5:40	16	5:11	78	5:11	16.25	1:27:14	5:22	12	22:08	64	22:17
Lap 6	3.25	19:24	5:58	16	6:03	87	6:03	19.50	1:46:38	5:28	12	27:56	68	27:56
Last lap Finish	3.25	19:53	6:07	15	7:05	92	7:05	22.75	2:06:31	5:33	14	34:48	74	34:48