



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Müller, Bernhard

Club: Skiclub Flieden

Number: 159

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 48:14

Speed: 11.20 km/h

Running performance: 4:57 min/km

Rank in course/Total: 33 (of 220)

Rank in course/Men: 30 (of 126)

Best time in course: 35:30

Rank in category: 3(of 15)

Best time in the category: 41:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:30	4:46	3	2:28	33	4:17	3.25	15:30	4:46	3	2:28	33	4:17
Lap 2	3.25	16:19	5:01	3	2:19	31	16:18	6.50	31:49	4:53	3	4:47	33	14:28
Last lap Finish	3.25	16:25	5:03	3	2:14	27	4:13	9.75	48:14	4:56	3	7:01	30	12:44