



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

Wielinski, Jonathan

Club: ZK's

Number: 547

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:09:11

Speed: 10.22 km/h

Running performance: 5:41 min/km

Rank in course/Total: 104 (of 244)

Rank in course/Men: 84 (of 177)

Best time in course: 1:31:43

Rank in category: 15(of 21)

Best time in the category: 1:31:43

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:53	6:07	21	7:07	139	7:55	3.25	19:53	6:07	21	7:07	139	7:55
Lap 2	3.25	18:17	5:37	19	5:25	108	5:42	6.50	38:10	5:52	20	12:26	121	13:37
Lap 3	3.25	18:12	5:35	17	5:28	90	5:28	9.75	56:22	5:46	20	17:54	111	18:37
Lap 4	3.25	18:14	5:36	15	5:01	82	5:01	13.00	1:14:36	5:44	17	22:46	103	23:25
Lap 5	3.25	18:10	5:35	15	4:54	69	4:54	16.25	1:32:46	5:42	16	27:40	93	27:49
Lap 6	3.25	18:01	5:32	12	4:40	52	4:40	19.50	1:50:47	5:40	15	32:05	85	32:05
Last lap Finish	3.25	18:24	5:39	11	5:36	62	5:36	22.75	2:09:11	5:40	15	37:28	84	37:28