



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Pelz, Arne

Club: Brühl

Number: 460

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:09:23

Speed: 10.20 km/h

Running performance: 5:41 min/km

Rank in course/Total: 106 (of 244)

Rank in course/Men: 86 (of 177)

Best time in course: 1:31:43

Rank in category: 16(of 21)

Best time in the category: 1:31:43

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	19:34	6:01	20	6:48	134	7:36	3.25	19:34	6:01	20	6:48	134	7:36	
Lap 2	3.25	18:57	5:49	21	6:05	120	6:22	6.50	38:31	5:55	21	12:47	128	13:58	
Lap 3	3.25	19:26	5:58	21	6:42	123	6:42	9.75	57:57	5:56	21	19:29	124	20:12	
Lap 4	3.25	21:17	6:32	20	8:04	143	8:04	13.00	1:19:14	6:05	20	27:24	128	28:03	
Lap 5	3.25	15:45	4:50	8	2:29	20	2:29	16.25	1:34:59	5:50	17	29:53	110	30:02	
Lap 6	3.25	16:50	5:10	8	3:29	31	3:29	19.50	1:51:49	5:44	16	33:07	88	33:07	
Last lap Finish	3.25	17:34	5:24	8	4:46	46	4:46	22.75	2:09:23	5:41	16	37:40	86	37:40	