



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Jäger, Axel

Club: United Runners of Pfalz

Number: 690

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:09:49

Speed: 10.17 km/h

Running performance: 5:43 min/km

Rank in course/Total: 107 (of 244)

Rank in course/Men: 87 (of 177)

Best time in course: 1:31:43

Rank in category: 8(of 23)

Best time in the category: 1:57:26

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:37	6:20	18	5:56	154	8:39	3.25	20:37	6:20	18	5:56	154	8:39
Lap 2	3.25	17:55	5:30	10	2:33	97	5:20	6.50	38:32	5:55	16	8:29	130	13:59
Lap 3	3.25	18:03	5:33	7	0:55	87	5:19	9.75	56:35	5:48	12	9:04	116	18:50
Lap 4	3.25	18:24	5:39	7	0:56	85	5:11	13.00	1:14:59	5:46	12	10:00	108	23:48
Lap 5	3.25	18:42	5:45	6	1:12	83	5:26	16.25	1:33:41	5:45	10	10:38	98	28:44
Lap 6	3.25	18:28	5:40	4	0:43	63	5:07	19.50	1:52:09	5:45	8	11:21	90	33:27
Last lap Finish	3.25	17:40	5:26	3	1:02	48	4:52	22.75	2:09:49	5:42	8	12:23	87	38:06