



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

### Cyriax, Timo

Club: LT Büschel Lorsch

Number: 321

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:10:48

Speed: 10.09 km/h

Running performance: 5:45 min/km

Rank in course/Total: 110 (of 244)

Rank in course/Men: 89 (of 177)

Best time in course: 1:31:43

Rank in category: 8(of 23)

Best time in the category: 1:53:31

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:11	5:54	18	5:23	126	7:13	3.25	19:11	5:54	18	5:23	126	7:13
Lap 2	3.25	18:15	5:36	14	4:11	106	5:40	6.50	37:26	5:45	16	9:34	112	12:53
Lap 3	3.25	18:25	5:40	12	3:28	100	5:41	9.75	55:51	5:43	15	13:02	107	18:06
Lap 4	3.25	18:38	5:44	8	2:47	89	5:25	13.00	1:14:29	5:43	12	15:49	101	23:18
Lap 5	3.25	19:22	5:57	7	2:35	92	6:06	16.25	1:33:51	5:46	12	17:56	100	28:54
Lap 6	3.25	19:59	6:08	9	2:54	98	6:38	19.50	1:53:50	5:50	10	19:12	96	35:08
Last lap Finish	3.25	16:58	5:13	3	0:29	40	4:10	22.75	2:10:48	5:44	8	17:17	89	39:05