



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

**Fiedeler, Michael**

Club: Leverkusen

Number: 340

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:12:07

Speed: 9.99 km/h

Running performance: 5:49 min/km

Rank in course/Total: 112 (of 244)

Rank in course/Men: 90 (of 177)

Best time in course: 1:31:43

Rank in category: 9(of 23)

Best time in the category: 1:57:26

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 3.25        | 18:44         | 5:45            | 11          | 4:03           | 119         | 6:46          | 3.25          | 18:44         | 5:45            | 11          | 4:03           | 119        | 6:46          |
| Lap 2           | 3.25        | 18:20         | 5:38            | 12          | 2:58           | 110         | 5:45          | 6.50          | 37:04         | 5:42            | 10          | 7:01           | 106        | 12:31         |
| Lap 3           | 3.25        | 18:27         | 5:40            | 11          | 1:19           | 102         | 5:43          | 9.75          | 55:31         | 5:41            | 10          | 8:00           | 104        | 17:46         |
| Lap 4           | 3.25        | 18:54         | 5:48            | 10          | 1:26           | 96          | 5:41          | 13.00         | 1:14:25       | 5:43            | 10          | 9:26           | 100        | 23:14         |
| Lap 5           | 3.25        | 18:57         | 5:49            | 7           | 1:27           | 86          | 5:41          | 16.25         | 1:33:22       | 5:44            | 9           | 10:19          | 97         | 28:25         |
| Lap 6           | 3.25        | 19:26         | 5:58            | 8           | 1:41           | 89          | 6:05          | 19.50         | 1:52:48       | 5:47            | 9           | 12:00          | 93         | 34:06         |
| Last lap Finish | 3.25        | 19:19         | 5:56            | 7           | 2:41           | 80          | 6:31          | 22.75         | 2:12:07       | 5:48            | 9           | 14:41          | 90         | 40:24         |