



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Franz, Markus

Club: Crazy Runners Team Frankenwald

Number: 345

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:12:16

Speed: 10.32 km/h

Running performance: 5:49 min/km

Rank in course/Total: 113 (of 244)

Rank in course/Men: 91 (of 177)

Best time in course: 1:31:43

Rank in category: 19(of 34)

Best time in the category: 1:38:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:31	5:23	16	4:14	84	5:33	3.25	17:31	5:23	16	4:14	84	5:33
Lap 2	3.25	17:42	5:26	18	3:46	86	5:07	6.50	35:13	5:25	18	8:00	86	10:40
Lap 3	3.25	18:01	5:32	19	4:00	86	5:17	9.75	53:14	5:27	17	11:40	86	15:29
Lap 4	3.25	18:40	5:44	19	4:27	90	5:27	13.00	1:11:54	5:31	19	16:05	87	20:43
Lap 5	3.25	19:13	5:54	19	5:06	88	5:57	16.25	1:31:07	5:36	19	20:50	84	26:10
Lap 6	3.25	20:05	6:10	20	6:15	99	6:44	19.50	1:51:12	5:42	19	26:28	87	32:30
Last lap Finish	3.25	21:04	6:28	22	7:10	105	8:16	22.75	2:12:16	5:48	19	33:23	91	40:33