



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Becker, Christian

Club: Runkel

Number: 307

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:13:21

Speed: 9.90 km/h

Running performance: 5:52 min/km

Rank in course/Total: 118 (of 244)

Rank in course/Men: 93 (of 177)

Best time in course: 1:31:43

Rank in category: 21(of 25)

Best time in the category: 1:32:02

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | | Stage score | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|-------------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 15:31 | 4:46 | 14 | 3:33 | 39 | 3:33 | 3.25 | 15:31 | 4:46 | 14 | 3:33 | 39 | 3:33 |
| Lap 2 | 3.25 | 17:38 | 5:25 | 20 | 5:03 | 84 | 5:03 | 6.50 | 33:09 | 5:05 | 17 | 8:36 | 53 | 8:36 |
| Lap 3 | 3.25 | 18:36 | 5:43 | 22 | 5:26 | 106 | 5:52 | 9.75 | 51:45 | 5:18 | 20 | 14:00 | 70 | 14:00 |
| Lap 4 | 3.25 | 20:13 | 6:13 | 23 | 6:47 | 122 | 7:00 | 13.00 | 1:11:58 | 5:32 | 20 | 20:47 | 88 | 20:47 |
| Lap 5 | 3.25 | 21:12 | 6:31 | 22 | 7:40 | 130 | 7:56 | 16.25 | 1:33:10 | 5:44 | 22 | 28:13 | 95 | 28:13 |
| Lap 6 | 3.25 | 19:56 | 6:08 | 22 | 6:11 | 97 | 6:35 | 19.50 | 1:53:06 | 5:47 | 22 | 34:24 | 94 | 34:24 |
| Last lap Finish | 3.25 | 20:15 | 6:13 | 21 | 6:55 | 95 | 7:27 | 22.75 | 2:13:21 | 5:51 | 21 | 41:19 | 93 | 41:38 |