



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Eigenbrod, Hella

Club: Dextro Energy

Number: 628

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 2:13:39

Speed: 9.88 km/h

Running performance: 5:52 min/km

Rank in course/Total: 120 (of 244)

Rank in course/Women: 26 (of 67)

Best time in course: 1:47:05

Rank in category: 5(of 8)

Best time in the category: 1:49:31

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:47	5:28	4	3:10	26	3:24	3.25	17:47	5:28	4	3:10	26	3:24
Lap 2	3.25	18:15	5:36	4	3:02	26	3:20	6.50	36:02	5:32	4	6:12	24	6:44
Lap 3	3.25	18:48	5:47	5	3:13	28	3:50	9.75	54:50	5:37	4	9:25	25	10:33
Lap 4	3.25	19:05	5:52	5	3:17	24	3:40	13.00	1:13:55	5:41	4	12:42	24	14:13
Lap 5	3.25	20:16	6:14	5	4:17	32	4:32	16.25	1:34:11	5:47	5	16:59	25	18:39
Lap 6	3.25	19:45	6:04	5	3:40	26	4:12	19.50	1:53:56	5:50	5	20:39	25	22:33
Last lap Finish	3.25	19:43	6:03	5	3:29	25	4:34	22.75	2:13:39	5:52	5	24:08	26	26:34