



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

**Delaunay, Alexis**

Club: Tracemaker

Number: 326

Course: 22.75 km

Halbmarathon

Category:

Männer (20-29 Jahre)

Total time: 2:17:22

Speed: 9.94 km/h

Running performance: 6:02 min/km

Rank in course/Total: 135 (of 244)

Rank in course/Men: 105 (of 177)

Best time in course: 1:31:43

Rank in category: 6(of 8)

Best time in the category: 1:47:03

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:19	5:38	6	3:50	102	6:21	3.25	18:19	5:38	6	3:50	102	6:21
Lap 2	3.25	18:00	5:32	6	3:31	100	5:25	6.50	36:19	5:35	6	7:15	98	11:46
Lap 3	3.25	17:44	5:27	6	2:41	76	5:00	9.75	54:03	5:32	6	9:56	94	16:18
Lap 4	3.25	18:32	5:42	6	3:14	87	5:19	13.00	1:12:35	5:34	6	12:57	92	21:24
Lap 5	3.25	19:26	5:58	6	3:40	94	6:10	16.25	1:32:01	5:39	6	16:37	89	27:04
Lap 6	3.25	21:22	6:34	7	5:30	115	8:01	19.50	1:53:23	5:48	6	22:07	95	34:41
Last lap Finish	3.25	23:59	7:22	7	8:12	143	11:11	22.75	2:17:22	6:02	6	30:19	105	45:39